

# Cyrenians Community Centre

Timetable from January 2013



Time/ Day	9am - 1.30pm	1pm - 4pm	Evenings
Monday	Laundry, Shower, Advice and Support (O)	Music (R)	Community
	Online Basics (R)		
	Owl & Parrot Cafe (O)		
	Nurses Session (O)		
	CV and Jobsearch (R)		
Tuesday	Laundry, Shower, Advice and Support (O)	Doctor Surgery (R)	Community
	Online Basics (O)	Online Basics (R)	
	Owl & Parrot Cafe (O)	Arts and Crafts (O)	
	Nurses Session (O)	Activities (R)	
	AADAS (O)		
	Swansea Drug Project (O)		
Wednesday	Laundry, Shower, Advice and Support (O)	Young Persons Drop In (R)	Community
	Online Basics (O)	Activities (R)	
	Owl & Parrot Cafe (O)		
	Nurses Session (O)		
	Food Co-operative (O)		
	CV and Jobsearch (R)		
	Sexual Health Nurse All day (O)		
Thursday	Laundry, Shower, Advice and Support (O)	Arts and Crafts (O)	Community
	Online Basics (O)	Activities (R)	
	Owl & Parrot Cafe (O)		
	Counselling (O)		
	Accredited Courses All day (R)		
	Food Co-operative (O)		
	CV and Jobsearch (R)		
Friday	Laundry, Shower, Advice and Support (O)	Health	Community
	Online Basics (O)		
	Owl & Parrot Cafe (O)		
	Nurses Session (O)		
	CV and Jobsearch (R)		
	Counselling (R)		

Tel: 01792 470127   
 Web: www.cetwales.co.uk   
 OPEN ACCESS (O) REFERRAL ACCESS (R)

Other health events, training and activities will be on offer and publicised locally. The timetable is open to change. Outreach courses are available on request.

Cyrenians Community Centre (rear of St Matthews) High Street, Swansea SA1 1LW